

Kinetic Theory Circus Arts Class Schedule

Winter/Spring Session: Jan. 4- Apr. 25, 2010

<p style="text-align: center;"><u>MONDAY</u></p> <p>10am-2pm- Open Workout</p> <p>3-4pm- Circus Together</p> <p>4-5:30pm- Youth Aerial Arts</p> <p>5:30-6:30- Creative Movement (6-10yrs)</p> <p>6:30-8pm- Beg. Aerial Arts Hand-Balancing</p> <p>8-10pm- Int/Adv. Aerial Arts Int/Adv. Acrobatics</p>	<p style="text-align: center;"><u>TUESDAY</u></p> <p>10-11:30am- Beg. Contortion Circus Conditioning</p> <p>11:30-1pm- Beg. Aerial Arts</p> <p>4-6pm- Youth Circus Training</p> <p>6-9pm- KT Circus Troupe Training</p>
<p style="text-align: center;"><u>WEDNESDAY</u></p> <p>10am-2pm- Open Workout</p> <p>3:30-4:30- Creative Movement (3-5yrs)</p> <p>4-5:30pm- Youth Aerial Arts</p> <p>4:30-6pm- Youth Circus Arts</p> <p>6-7:30pm- Beg. Contortion Circus Conditioning</p> <p>7:30-9:30pm- Int/Adv. Aerial Arts Int/Adv. Contortion</p>	<p style="text-align: center;"><u>THURSDAY</u></p> <p>10-11am- Intensive Stretching</p> <p>11am-12:30pm- Mixed Level Aerial</p> <p>4-6pm- Youth Circus Training</p> <p>6-9pm- KT Circus Troupe Training</p>
<p style="text-align: center;"><u>FRIDAY</u></p> <p>10am-12pm- Int/Adv. Contortion</p> <p>10am-2pm- Open Workout</p> <p>4-5pm- Preschool Circus Stars (3-5yrs)</p> <p>4:30-6pm- Int/Adv. Youth Aerial</p> <p>5-6pm- Youth Circus Arts (5-7)</p> <p>6-7:30- Beg. Aerial Arts</p> <p>7:30-9pm- Beg. Acrobatics</p>	<p style="text-align: center;"><u>SUNDAY</u></p> <p>10am-1pm- KT Circus/Youth Troupe</p> <p>1-2pm- Creative Movement (all ages)</p> <p>2-3:30pm- Beg. Contortion Beg. Aerial Arts</p> <p>4-5:30- Circus Conditioning</p> <p>6-8pm Open Workout</p>

*Classes can be added upon request, we need 4 enrolled students to add a new class.
Private lessons in: hand-balancing, acrobatics, contortion, stilt-walking, juggling/object work, mime and physical theatre, aerial arts (solo or doubles trapeze, hoop, rope, tissue) or act creation are also available.

**Questions/Enrollment:
310-606-2617**

